

Sample Menu - Residential

MAIN MENU						
* Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch						
Beef chilli con carne Or Veggie chilli Con carne Boiled rice Salad bowl Or baked potato choice of 2 fillings plus salad bowl	Pasta bake Or Tuna pasta bake Or Macaroni Cheese Crusty rolls Salad bowl Or baked potato choice of 2 fillings plus salad bowl	A Selection Of Pizzas Seasoned wedges Salad bowl Or Baked potato Choice of 2 fillings Plus salad bowl	Shepherd's pie Or Veggie Shepherd's pie Carrots peas Salad bowl Or Baked potato Choice of 2 fillings Plus salad bowl	Breaded cod Or Fish cakes Or Veggie burgers Chips New potatoes Peas or beans Salad bowl Or Baked potato Choice of 2 fillings Plus salad bowl	Baked Potatoes With A Selection Of Fillings Salad bowl Or baked potato choice of 2 fillings plus salad bowl	Sunday Brunch 8.30am Till 11.30am Plus a packed lunch to takeaway
Dinner						
Irish stew Or Stuffed peppers Lyonnais Potatoes cabbage carrots Eton mess	Battered cod Or Breaded plaice Or Country vegetable grills Chips/ new pots Peas or beans Lemon salad Treacle sponge & custard	Roast pork Apple sauce Or Lentil & vegetable casserole Roast potatoes Seasonal vegetables Stuffing balls Rhubarb crumble & custard	Tandoori chicken Or Tandoori vegetables & quorn Vegetable biryani Nan bread Trimmings Fresh fruit salad	Chinese beef & vegetables Or Chinese vegetables & beans Stir fried noodles Prawn crackers Hoi sin sauce Pineapple & pepper & ice cream	Lamb moussaka Or Vegetable moussaka Vegetable cous cous Pitta bread Mixed salad Chocolate cake & cream	Roasted herb chicken Or Quorn escalope New potatoes Carrots Stuffing balls Yorkshires gateux

Food both at the Ruskin campus and the Wheatley Campus is varied and can be tailored to particular tastes. We can cater for allergies (please make sure you give us this information when booking students) and the chefs are always happy to discuss menus with the Group Leaders.